Dermaplaning/Dermablading Aftercare Instructions

Following the Dermaplaning procedure, you may resume normal daily activities. Your skin may be slightly pink, and this will fade very quickly.

Your skin will be more vulnerable to irritation and the sun for the next 3 days. It is very important that you try to avoid sun exposure. If you must be in the sun, wear sunscreen and a hat.

Use a gentle cleanser and warm water to wash your face. Your skin will be more sensitive to your normal skincare products. Avoid scrubs, and any product containing alphahydroxy or betahydroxy acids, Retin A, or retinol for at least 72 hours.

Avoid picking, rubbing, or scratching your face.

Avoid submerging your face in a hot tub or chlorinated pool for 72 hours.

You may apply hydrating or soothing serums as their efficacy will be increased.

Wait 1 week for any facial waxing.

If you have any questions or concerns, please don’t hesitate to email, call, or text.